



## **SWS Consultation Line – term time offer**

Dear Parents/Carers,

Do you have a child or young person at school in Brighton & Hove?

**If you have any concerns about their Emotional Mental Health and Wellbeing you are invited to talk to a Primary Mental Health Worker from the Schools Wellbeing Service.**

Telephone consultations are available on Thursdays.

**Please email [SWSConsultationLine@brighton-hove.gov.uk](mailto:SWSConsultationLine@brighton-hove.gov.uk)**

You will need to send us your name and phone number and a Primary Mental Health Worker will call you back.

If you can send a brief outline of what you would like to discuss, this would also be helpful.

Whilst we aim to call back as swiftly as possible, please be aware we may have a high demand, so your patience is appreciated.

**This is not a crisis number – if you require immediate support you need to contact your GP, call CAMHS duty care on 03003040061 or go direct to A&E**

**For information on different services available, please visit [findgetgive.com](http://findgetgive.com)**