



City Academy Whitehawk

School Community Newsletter 5
Thursday 14th November 2024



City Academy Whitehawk
Whitehawk Road, Brighton
East Sussex, BN2 5FL

01273 681377
cawadmin@auroraacademies.org
www.caw.brighton-hove.sch.uk

Thursday 14th November 2024

Dear City Academy Whitehawk families,

It's been wonderful to have welcomed everyone back after half term and to have really hit the ground running: the children are working so hard, and seeing the pride they take in their work is truly inspirational. It was fantastic to see the children coming to school in non-uniform to support Children in Need today: a big thank you to all of the families that made [donations to such a wonderful cause](#).

We are proud to support the incredible work that **Class Divide** are doing to ensure children across Brighton and Hove have access to a fair offer for their education. We will be welcoming them to City Academy Whitehawk next Tuesday (19th November), when they will be interviewing families of current Year Six children: please see the following slide for more details. This is a chance for Whitehawk families to have your voices heard about changes to secondary school admissions, so we'd really value your input and time if you are able to meet for a twenty minute interview. [Please click here](#) to see Class Divide's website and find out more about their vision to create more educational equality across our city.

We've come to the end of a marvellous **Maths Week**, and have enjoyed sharing lots of creative mathematical challenges and puzzles with CAW students. Until Friday afternoon, every Times Table Rockstar correct answer goes towards our score in a Trust-wide competition, so please continue encouraging children to practise their skills. Full details of how to access TTRS are on Slide 4.

I'm looking forward to holding a **Family Forum** to discuss our approach to using our Behaviour Policy. This will take place at 2pm on Monday 9th December. Further details will follow, and I would love to welcome as many families as possible.

We are hosting an INSET Day here at CAW tomorrow, so we look forward to welcoming the children back to school on Monday. Have a wonderful weekend!

All the best,
Russell Wood
Head of School

DO YOU KNOW THAT BRIGHTON AND HOVE COUNCIL HAVE RECENTLY CHANGED THE SECONDARY SCHOOL ADMISSIONS CRITERIA?

What do you think of the change?

The new policy gives greater priority to children who are eligible for Free School Meals. This means that children who receive Free School Meals now have a better chance of getting a place at the school of their choice both within and outside their catchment area. This is the first policy of its kind to be implemented in the UK and it might inform future policy changes elsewhere in the UK.

We are a friendly group of researchers from the University of Sussex, UCL and the University of Exeter. We're keen to speak to the parents of children in year 6 (whether they are eligible for free school meals or not) about how they made their decisions around which secondary schools to choose.

We are interested in finding out what parents know about the policy, what they think of it and what (if any) impact it has had on those decisions. We hope that this (small-scale) research will inform a larger project to understand the impact of the policy.

YOU WILL BE OFFERED A £10 VOUCHER AS A THANK YOU FOR YOUR TIME

ARE YOU THE PARENT OR GUARDIAN OF A CHILD IN YEAR 6?

WHERE AND WHEN

We will be at City
Academy
Whitehawk on
Tuesday 19th
November
from 2 – 4pm.

If you'd like to speak
to us but can't make
it that day, please
email or give us a
call.

CONTACT

N.Clewer@sussex.ac.uk
01273 035106

If you are the family of a
child in Year Six and would
like to be involved in these
interviews, please contact
the School Office on:

admin@cawhitehawk.org.uk

Interviews will take place in
the following time slots:

2.10 – 2.30
2.30 – 2.50
2.50 – 3.10
3.20 – 3.40
3.40 – 4:00



TIMES TABLES ROCK STARS

- Children in Year 4, 5 and 6 will be using a new maths programme to support their times table learning in school.
- **Times Table Rock Stars** is a fun way of helping your child consolidate their knowledge of important times table facts.
- Please support your child at home, by using the log in stuck into your child's reading record.
- Follow the link below to find out more about **TTRS!**
- <https://www.youtube.com/watch?v=-ZxZbRVvbYM>
- If you have any questions, please talk to your child's teacher.



Tax-Free Childcare for WASP

We are delighted to be able to confirm that our WASP after school club is now registered to accept payments via the Tax-Free Childcare scheme.

To check if you're eligible and sign up for the scheme please use the link below -

[Tax-Free Childcare - GOV.UK](https://www.gov.uk/tax-free-childcare)

If you would like to make payment using this scheme, please advise the office of the payment reference from your account for each child you wish to book into WASP.

PLEASE NOTE - you must make payments for each of your children individually and not send one lump sum for multiple children.

When you opt to pay the school through your Tax-Free Childcare Account, it is sent to the school's bank account. We will then need to upload the funds to your Arbor account to enable you to book the place for your child at WASP.

As a minimum, we will upload the payments weekly on a Tuesday. You will then be able to book the days that you require via Arbor as normal. We will be unable to credit your Arbor account until the funds are showing on the school's bank account.

This is a new process for us, so we thank you for your patience whilst we embed this.

Attendance and Punctuality



If you would like to chat about your child's attendance or punctuality please contact Mrs Storey in the school office



Wheel of Fortune Prize Winners



Our lucky winners are selected from children who were at school and on time every day in the previous week...! 😊

11th September

Kian – Kestrels

Rio – Eagles

Verity – Barn Owls

Hannah – Greenfinches

Penelope – Woodpeckers

Jason - Magpies



Push on Punctuality...

Please remember that all children in Reception to year 6 are welcome to come into school every day from **8.30am**. Everyone arriving after 8.45am will be marked as late.



Some useful links:

<https://www.nhs.uk/live-well/is-my-child-too-ill-for-school/>

<https://educationhub.blog.gov.uk/2024/01/03/improving-school-attendance/>

DON'T FORGET TO OPT-IN...

...once signed up, you can check
your app to see your school's
Cashpot so far.

Here's HOW:

- 1 Download the Asda Rewards app
and opt-in to Cashpot for Schools.
- 2 Choose your primary school
- 3 Shop in-store across Asda & George,
and scan your Asda Rewards app at
the checkout.
- 4 Shopping online?
Simply log in to Asda.com using
the same details as your Asda
Rewards account.
- 5 We'll do the rest!
We donate ££s to your chosen
school every time you shop,
so they can spend it on
exactly what they need.

**CASHPOT
FOR
SCHOOLS**

Only with
**ASDA
Rewards**

Download and
opt-in today



you scan, **we donate** **££s TO** **SCHOOLS.**

Download the Asda Rewards
app and opt-in today

**CASHPOT
FOR
SCHOOLS**

Only with
**ASDA
Rewards**

With
Parentkind

Selected stores. Exclusions apply including Asda Express & George.com. Subject to availability. UK 18+. App & opt-in required. 0.5% of the value of a customer's shop is donated. Publicly funded primary schools. Must register with Parentkind charity 10128633. Full T&Cs at asda.com/cashpotforschools. Rewards T&Cs at asda.com/rewards/terms. Minimum spend £2+. Ends 30.11.24



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Please click [here](#) for an update about what your children are up to this term!



Nursery
Hatchlings



Year Three
Kites
Kestrels



Reception
Robins



Year Four
Jackdawes
Magpies



Year One
Puffins
Woodpeckers



Year Five
Barn Owls
Hérons



Year Two
Goldfinches
Greenfinches



Year Six
Eagles
Falcons

House Points

Congratulations to **WATER HOUSE** who have taken an early lead in the Autumn 2 House Point competition.

It's very close, so keep showing our CAW Qualities and you can help your House increase their score. Remember: **EVERY TICKET COUNTS!**



**950 Air
points**

**963 Earth
points**

**927 Fire
points**

**1011 Water
points**



Each week there are two classes who win a Class Celebration. Congratulations to our previous winners:

| | Year 1 to 3 | Years 4 to 6 |
|-----------------|-------------|--------------|
| Autumn 1 Week 8 | | Herons |
| Week 1 | Woodpeckers | Jackdaws |

RESILIENCE

AWARDED TO

Name:

It could be you!

Class:

Years 1-6

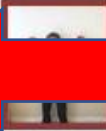
- Try hard
- Practise lots
- Keep going
- Try new strategies
- Ask for help
- Start again
- Take a brain break

Teacher's Comments

Next week, our CAW Quality of the Week will be
RESILIENCE/PERSEVERING PENGUIN.

How will you keep going, even if you are finding things difficult?



C**Collaboration****A****Aspiration****R****Resilience****E****Effort****E****Excellence****R****Respect**

Autumn 2 Week 3 CAW Quality of the Week: RESILIENCE



[Mercedes
Swim on the
news](#)

[Vindication
Swim Trailer](#)

[Blue Plaque
Unveiled in
Brighton](#)

[Biography with
Photos](#)

CAW Significant Figure of the Week

Mercedes Gleitze

Brighton resident and professional swimmer

**Who is Elizabeth
Wanjiru Wathuti?**



**Our City,
Our World**

Mercedes Gleitze was born in Brighton on Freshfield Road, 18th November 1900. In her 20's and 30's she was one of the most successful swimmers in Great Britain. Her first ever record was the longest amount of time swimming in the River Thames: 10 hours, 45 minutes! Mercedes greatest achievement was being the first ever woman to swim the English Channel, it took her eight attempts! However, at the time people did not believe how quick she was so she tried to do it again and called it her 'vindication swim.' Mercedes success made her incredibly popular. In March 2024, the film Vindication Swim, about Gleitze's 1927 English Channel swim, was released.

RESPECT

AWARDED TO

Name:

It could be you!

Class:

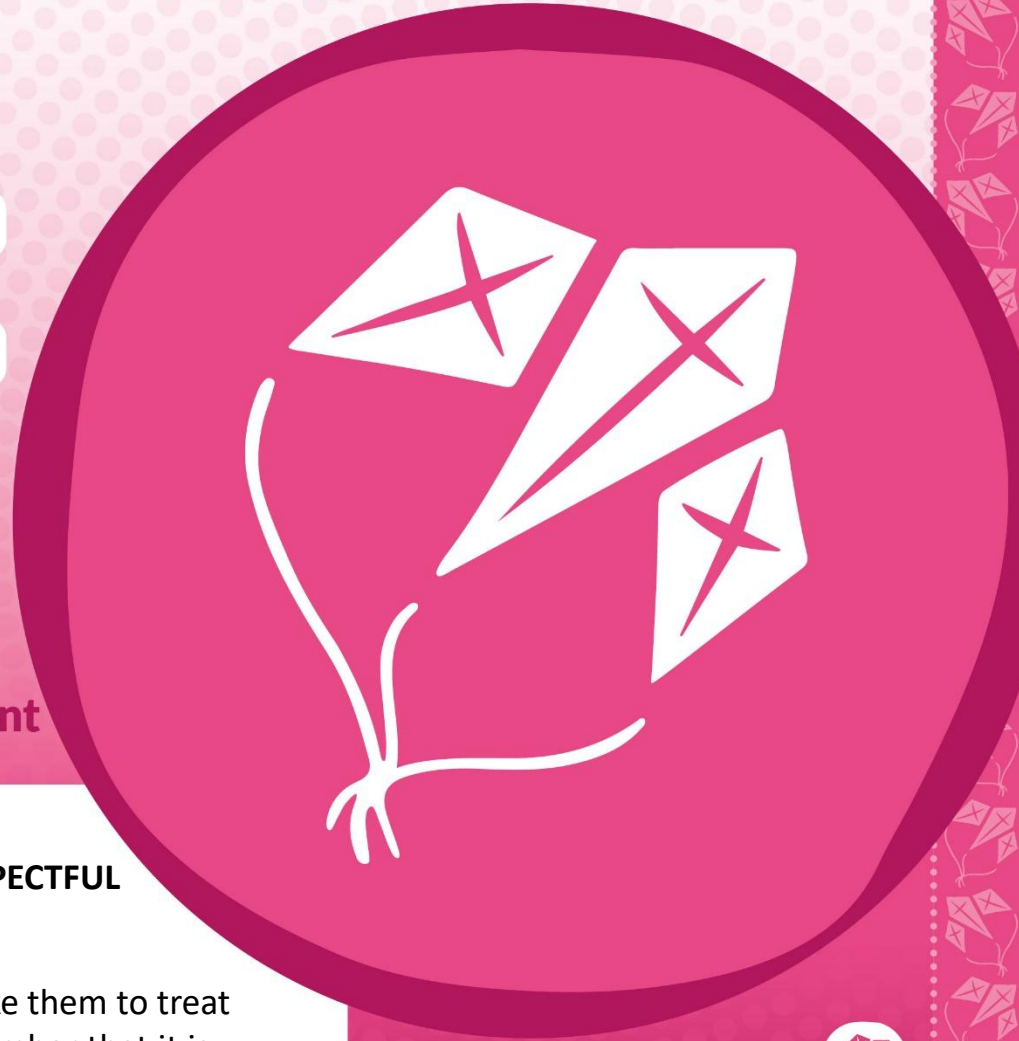
Years 1-6

- Listen to others
- Be kind when you disagree
- Explain things to help others
- Be tolerant
- Take care of the school environment

Teacher's Comments

We'll be awarding certificates for **RESPECT/RESPECTFUL RABBIT** qualities in the next assembly.

RESPECT means treating others as you would like them to treat you. Empathy will help you achieve this! Remember that it is important to treat yourself with **RESPECT** too.



C**Collaboration****A****Aspiration****R****Resilience****E****Effort****E****Excellence****R****Respect**

Autumn 2 Week 2 CAW Quality of the Week: RESPECT



CAW Significant Figure of the Week

[The story](#)

[Who was Terry Fox?](#)

[Terry's legacy](#)

[Douglas Coupland's memorial](#)

Who is Boyan Slat?



**Our City,
Our World**

Terry Fox (1958-1981)

Marathon of Hope

Terry Fox was an athlete, humanitarian and cancer research activist. In 1980, he rose to global fame after embarking on a coast-to-coast run on a prosthetic leg, after losing his right leg to cancer. Terry has had over \$850m Canadian dollars raised in his name for charity. He modelled RESPECT for others and has been a true inspiration. He is considered by many to be the greatest Canadian to have ever lived, after Mr. McAdam.



Our City, Our World



We are proud to announce that we have launched a **WHOLE SCHOOL INITIATIVE** to join other schools across Brighton and Hove to help build a just and sustainable city.

Our aims at City Academy Whitehawk are to:

1. Raise awareness of environmental issues through weekly class assemblies
2. 'Green' the curriculum by adding environmental learning to our studies
3. Implement school-wide sustainable operations and systems to reduce waste
4. Create opportunities for children to connect with nature

Please ask your children about their weekly **OUR CITY, OUR WORLD** class assemblies, and check the website for more information:

<https://www.ourcityyourworld.co.uk/>

We welcome any ideas that families may have to support this important work! Please send any suggestions to Mr. Wood at: cawadmin@auroraacademies.org

Aspens' Newsletter

FOOD FESTIVAL

By Aspens

Keep a diary of what you eat throughout the week. Use the Eat Well Guide in this booklet if you need help. You could also log onto the really useful websites we've listed below.

Here's a couple of tips from us:

- Breakfast ideas - wholegrain cereals or toast, eggs, fruit and yoghurt or porridge.
- Snacks - yoghurts, popcorn, vegetable sticks, fruit and dried fruit such as raisins or rice cakes.
- Eat at least 5 portions of a variety of fruit and vegetables a day. Choose from fresh, frozen, tinned, dried or juiced. These can be across all meals and snacks. As a rough guide, 1 portion is the amount you can fit in the palm of their hand.
- Drink plenty of water.
- Choose higher fibre or wholegrain varieties of carbohydrates, such as wholewheat pasta, brown rice or potatoes with their skins on.
- Milk, cheese, yoghurt and fromage frais are an important source of calcium, which helps to keep our bones strong.
- Beans, pulses, fish, eggs, meat are good sources of protein. Choose lean cuts of meat and skinless poultry whenever possible to cut down on fat. Try to eat less red and processed meat like bacon, ham and sausages.
- Aim to eat at least 2 portions of fish a week, including 1 portion of oily fish. Oily fish is particularly rich in omega-3 fatty acids - salmon, sardines, tuna steaks (not tinned) and mackerel. You can also buy fish fingers and cereals with added omega-3.
- Exercise every day. Kids should aim for 40 minutes of activity each day. This could be a walk, bike ride or activities at home in the garden or in the room in the house. Just keep moving!

Activity Eight Food and Exercise Diary

FOOD FESTIVAL

By Aspens

FOOD AND EXERCISE DIARY

| DATE | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|------------------------|--------|---------|-----------|----------|--------|----------|--------|
| BREAKFAST | | | | | | | |
| SNACK NUMBER ONE | | | | | | | |
| LUNCH | | | | | | | |
| SNACK NUMBER TWO | | | | | | | |
| DINNER | | | | | | | |
| EXERCISE | | | | | | | |

www.nhs.uk/Livewell/Goodfood/Pages/Goodfoodhome
www.nhs.uk/change4life
www.food4factoflife.org.uk/



Aspens' Newsletter

HELP YOUR CHILD SOAK WITH A SCHOOL MEAL!
And it's totally FREE! Cook to eat your child's school meal.

Ask at the office to find out more!

Save money, save time, save hassle.

All Reception, Year 1 and Year 2 meals are FREE!

Fuel your child with energy!

What's in season?

NOVEMBER

SWEET POTATO

FOOD FESTIVAL
1st November

SWEET POTATO FUN FACTS

1. SWEET POTATOES GROW UNDERGROUND. THE PART WE EAT IS THE ROOT OF THE PLANT, AND IT'S FULL OF YUMMY NUTRIENTS.
2. SWEET POTATOES CAN BE ORANGE, YELLOW, PURPLE, OR EVEN WHITE! THEY COME IN DIFFERENT COLOURS LIKE A BOX OF CRAYONS.
3. SWEET POTATO PLANTS GROW LONG VINES WITH HEART-SHAPED LEAVES. IT'S LIKE A SECRET HIDEOUT FOR ANIMALS LIKE RABBITS TO EXPLORE!
4. THE "SWEET" IN SWEET POTATOES COMES FROM NATURAL SUGARS THEY HAVE. BUT THEY'RE A HEALTHIER KIND OF SWEET, LIKE A TREAT FROM NATURE.
5. SWEET POTATOES ARE SUPER HEALTHY. THEY'RE FULL OF VITAMINS AND FIBRE, WHICH HELP OUR BODIES GROW STRONG AND KEEP US FEELING GOOD.

Did you know?
INTERNATIONAL FACT
In America, sweet potatoes are a special part of Thanksgiving. They traditionally serve a sweet potato casserole with marshmallows.

FOOD FESTIVAL
1st November

SWEET POTATO ACTIVITIES

The vegetables have got their names all jumbled. Can you unscramble the letters to save their names?



I R L C B O C O

O A T M O T



E T O E O T P W S A T



R Y E A R S W T B R





It's [Dyslexia Awareness Week 2024](#)! This year's theme is **“What's Your Story?”** It has three key messages:

- **Every story is different** – showcasing the diversity of the dyslexic community and highlighting that everyone's experience of dyslexia is unique. 10% of the population are dyslexic – that's over 6.7 million stories to tell.
- **A strong opening sets the scene** – raising awareness of the importance of early identification and intervention to ensure that every person with dyslexia can flourish.
- **It's never too late to change your story** – highlighting how the British Dyslexia Association (BDA) can provide support and signposting to help dyslexic people begin a new chapter.

Please follow the link for information on spotting the signs of dyslexia, how to talk to a child about dyslexia and some hints and tips for supporting a dyslexic child at home and school:

[BDA Parent and Carer Information Pack](#)

Dates for your Diary

Our term dates for are online: [click here to see them](#)

Friday 25th October: Individual Photographs

Friday 25th October: Last Day of Autumn Term 1

Monday 4th November: First Day of Autumn Term 2

Thursday 14th November: Children In Need

Friday 15th November: INSET

Week of 16th December: Christmas Shows

| | Tues 17 th | Wed 18 th | Thur 19 th | Fri 20 th |
|------|--------------------------|-------------------------|--------------------------|-------------------------|
| 9:15 | Y2 | Reception & Nursery | Y4 | Y6 |
| 2:15 | Y1 | Y3 | Y5 | |

Friday 20th December: Last Day of Autumn Term 2

Tuesday 7th January: First Day of Spring Term 1