



## Rationale for shared teacher guidance in PE - Swimming

This is a guide to how we facilitate Swimming at CAW. In this document you will find the concepts behind how and why we facilitate swimming at Brighton Swimming School, and why we believe they teach swimming in the way we feel is best for the children of CAW.

## The Leadership of Swimming at CAW

Quality of Education Lead	PE Specialist	PE Coordinator
Thomas McMorris	Rachael Al Hattabi	Jess Briggs

## The Teaching of Swimming

Teaching of swimming is in Years 3, 4 and 6. We feel that children should be introduced to swimming at an early age, and also like them to have some further learning before they leave the school.\* Each child goes with their class and their class teacher for six continuous weeks to the Brighton Swimming Centre. The sessions are 45 minutes long (not including changing time-this occurs before and after the 45 minutes of swimming). Children are taught water confidence, water safety and the basic swimming strokes. They are taught by the swimming instructors at BSC, with assistance from a member of staff (often the class teacher will assist in the water, and sometimes from another member of staff also). They are often in a group of pupil: staff ratio of 1:6 – 1:10 maximum.

To best meet the needs of children in swimming children are grouped according to ability. This is done by an assessment in week one by the swimming instructors. If children are anxious and do not want to do this initial assessment, they are automatically (yet subtly) put in the shallow end group. Throughout the six weeks, children may be moved across groups to maximise their learning progress.

In the groups there is a variety of teaching and learning provision. Children are taught games and activities to develop their water confidence and water safety. There is explicit teaching of the main swimming strokes, with some extra activities that allow for children to develop their water safety skills.

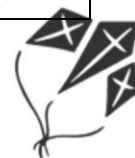
(Please note: From 2014-2018 Years 2 and 6 were provided with swimming lessons. From 2018 we used the Sports Premium funding to 'top-up' our swimming provision and offer it to Year 3. Due to the COVID 19 Pandemic we now (commencing September 2021) have swimming provision in Years 3, 4 and 6. This was to ensure that all children have swimming lessons three times during their time at City Academy Whitehawk.)

## When Medium Term Planning for Swimming consider

Stimuli/Resources	Websites/Staff Server	Planning support from	Dates/Events
Planning and delivery of the sessions is carried out by the BSC instructors. These instructors are ASA Teaching Aquatics Level 2 trained. They use informal assessments to inform the planning and delivery of each session.			

## Pupil outcomes

Intended Learning	Demonstrable Outcomes
Learning objectives should be taken from the PE Skills Overview of the specific academic year. These have been taken from the 'Chris Quigley Essentials	By the end of Year 6, children should be able to:





Content' (2016) skills document that follows the National Curriculum.

The swimming instructors teach to these skills, using their own expertise and their ASA Aquatics Teacher training.

- Swim competently, confidently and proficiently over a distance of 25m.
- Use a range of strokes effectively.
- perform self-rescue in different water-based situations.

These assessments are undertaken in Year 3 and 6. For Year 6 these outcomes are currently published on the school website (as required by the DfE). We do these assessments in Year 3 to allow us to monitor the progress children make before they leave the school at the end of Year 6.

